



Influenza end of course quiz

Your Name _____

Your Member Number _____

Score _____

Instructions: Please complete the quiz by circling the best answer for each of the following questions regarding what you learned about influenza. You must score 80% or better to pass (*i.e.*, answer 8 of 10 questions correctly).

1. Humans typically have little or no immunity to which type of influenza?
 - A. Seasonal influenza
 - B. Pandemic influenza
 - C. None of the above

2. Pandemic influenza causes local outbreak of mild illness.
 - A. True
 - B. False

3. What is a sign that you might be ill with the influenza virus?
 - A. Chills of accompanied by sweating
 - B. Numbness in your fingers
 - C. Bloody nose
 - D. Itchy scalp

4. There has not been an influenza pandemic since 1918.
 - A. True
 - B. False

5. Social distancing involves maintaining a minimum distance of ____ feet from infected individuals.
 - A. 0 feet
 - B. 1 foot
 - C. 2 feet
 - D. 3 feet



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6. A coworker is coughing and sneezing frequently and complaining of fevers and chills. What do you do?
 - A. Go over to the coworker and pat him on the back asking if he is OK.
 - B. Go over to the coworker and offer him a sip of your water.
 - C. Shrug and do nothing-he will stop coughing and feel better later.
 - D. Maintain social distancing and asked his supervisor to advise him to go home.

7. Who should get the seasonal influenza vaccine?
 - A. Everyone 6 months and older (if there are no medical contradictions)
 - B. Only pregnant women
 - C. Only healthcare worker
 - D. Only people with chronic medical conditions

8. What is the proper way to cough and sneeze without spreading contaminated droplets?
 - A. Use a tissue and keep it in your pocket for next time.
 - B. Use the palm of your hand and wipe it on your pant leg.
 - C. Use the crux of your elbow.
 - D. Use cloth handkerchief and keep it folded in your desk drawer.

9. If you are ill, you should just stay on your side of the shared cubicle until it is time to call home.
 - A. True
 - B. False

10. Which of the following populations are most at risk of suffering serious health complications as a result of seasonal influenza?
 - A. Older people
 - B. Very young children
 - C. People with existing health conditions
 - D. All of the above